

THE BAY HEALTH & BEAUTY

CLINIC THE Bay Health & Beauty Clinic actively encourages customers to indulge themselves - and to choose from a wide range of relaxing and rejuvenating beauty treatments. *Words by Don Hale. Photographs by Stéphanie Durrant.*

Conveniently situated on Conway Road, Colwyn Bay, the clinic offers a wide and varied range of treatments for both men and women. It is well organised by proprietor Catherine Green, who has more than two decades of practical experience of running her own health and beauty salons.

Catherine and her highly qualified team, provide a warm and friendly welcome, and will be happy to discuss any personal requirements with customers, suggesting the most appropriate course of modern, top quality treatments available.

Privacy, confidentiality and efficiency is guaranteed and consultation is free. Catherine confirmed: "It is an opportunity to find out just what care they require. We always try to fulfil their needs, and realise that it often takes people time to decide exactly what they want. We also realise that sometimes it can be embarrassing but everything is very confidential."

She added that the health and beauty business was 'her passion.' "I have been in the trade for 25 years, and previously ran a clinic at Alderley Edge in Cheshire."

She explained that due to her husband's work commitments, they moved to North Wales over four years ago; and Catherine immediately decided to open a new clinic. Not too surprisingly, she admitted that many of her old customers soon followed her to Colwyn Bay – and still remain customers today, despite commuting.

She has recently had the entire clinic refurbished and upgraded to keep pace with modern demands, and is now able to offer the very latest techniques and beauty products. The Centre supplies pure mineral based products and is able to deal with problems relating to cosmetics and all major allergies. "It has made such a difference to all skin types," Catherine explained. "We deal with all skin concerns - and don't forget men can't cover up with make-up."

The Clinic caters for stress related problems, slimming concerns, tanning, toning, nail extensions, ear piercing, waxing, eyelash and eyebrow treatments, reflexology, massage, manicures, and a comprehensive range of other face and body requirements.

The special laser treatments deal with hair removal, red vein, sunspot and active acne problems. Other varied treatments include a popular revive, refresh and replenish package

utilising the latest facial formulations. They help with deep peeling, rejuvenation, and anti-aging processes, to provide a healthy youthful glow and increased hydration and softness.

The full extent of treatments for face and body are too numerous to mention in great detail but free brochures are available from the Clinic's reception.

Many are included within 'Pamper packages, on de-stress days, or during essential treatments for pregnant women. Catherine has built an enviable reputation for quality of service and she is registered with the Care Inspectorate of Wales.

Her team, consisting of senior therapist Charlotte Quantrill, and fellow therapists Karina Varley and Lauren Cross, are all fully qualified, local women dedicated to providing the highest level of care – and have been trained at Llandrillo College, obtaining established CGLI certificates, to NVQ Level 3 standard.

The Bay Health & Beauty Clinic is open Monday to Friday between 9am-5.30pm with late nights on Tuesday and Thursday. They have an early finish on Saturday afternoons at 3.30pm, and on Wednesdays at 5pm.

After the hectic festive rush, why not take a day off to pamper yourself, or treat a friend or relative with a gift package? Just select one of the many treatments available and order a mini-treat, top-to-toe, holiday special, mums to be, or opt for pure pleasure and relaxation, and enjoy some of their superb facilities.

It is the perfect opportunity to look after

yourself - for a change – so why not indulge in the very best the Bay can offer? ■

ADVERTISEMENT FEATURE

For further details, please call them directly on 01492-535941. Or call into The Bay Health & Beauty Clinic, 28 Conway Road, Colwyn Bay LL29 7HT.



Above Pictured in the laser treatment room, Charlotte, Catherine and Karina



Above Karina Varley, Charlotte Quantrill, Lauren Cross and Catherine Green.